

68's Fieldhouse High School Basketball Showcase

Saturday

Registration 7:30-8:00 AM

Welcome 8:00-8:05 AM

CCN Presentation/Recruiting Advice 8:05-8:25 AM

Health & Nutrition 8:25-8:45 AM

NCAA Academic Requirements 8:45-9:00 AM

ACL/Injury Prevention 9:00-9:15 AM

ACT & SAT Test 9:15-9:35 AM

Players to Stations

(Speed & Agility, Strength & Conditioning, Ball Handling, Shooting, Transition with 1 on 1, 2 on 2, 3 on 3, 4 on 4, Breaking down game film)

1st Station 9:45-10:05 AM

2nd Station 10:05-10:25 AM

3rd Station 10:25-10:45 AM

4th Station 10:55-11:15 AM

5th Station 11:15 AM -11:35 AM

6th Station 11:35-11:55 AM

Lunch 12:00-12:45 PM (1st Group)

Practice Session 12:00-12:45 PM (2nd Group)

Lunch 12:45-1:30 PM (2nd Group)

Practice Session 12:45-1:30 PM (1st Group)

Games 2:00 AM -8:00 PM